



Emotional Intelligence (EQ) Assessment

Find Your EQ/ SEL*. Understand Yourself. Grow Your Potential.

Your personal, academic, and professional success depends on how well you understand and manage your motivations, emotions, and behaviors. Emotional intelligence (EQ) helps you manage yourself, interactions with others, and your daily responsibilities. EQ360 helps you understand and develop yours and others (children, students, teammates) growth mindset and successful behaviors. **EQ360** is a custom-designed EQ Assessment for **ages 8 - Adults** with features you won't find anywhere else. ...and best of all it is **FREE** for individuals.

Why EQ360?



It's Free!

The information from **EQ360**, will have greater utility and specificity than any other **EQ** assessment on the market and it is 100% free for individuals (adults, parents, & children). It is a freemium model for educators / schools and discounted for professionals and teams.



Skill-Specific and User-Friendly

EQ360 shows your results in a summary and detailed report with clear descriptions and definitions to provide you with an understanding of how you are mastering each of the 18 skill areas being measured.



Turn Information Into Real Gains

You can retake EQ360 diagnostic multiple times to assess/ graph your progress over time. That's information you can convert into opportunities to enhance your potential by accessing our daily EQ motivational, EQ activities, and other resources.



Multiple Versions

EQ360 offers multiple versions: 1) Business professionals and teams (executive, manager, members) 2) Coach & Specialists and clients 3) Schools (principals, district, educators, parent, and students).



Safe

Your personal data is never stored or shared with anyone. We take user privacy very seriously. We meet federal FERPA and state privacy standards as well as education and corporate data storage standards.



Simple yet Scientific

EQ360 measures have been found to be scientifically and academically valid and reliable. Your results and recommendations will seek to improve your areas of growth and are practical yet research-based and easy.

EQ/ SEL Facts

11%

Increase in Academics

54%

More likely to Graduate from High School

10%

Reduction in Stress and Anxiety

*Social-emotional learning (SEL) is the educational process of development emotional intelligence (EQ).

“To know what our **Social-Emotional** assets and challenges are, we need to become mindful of thoughts and actions. This requires an honest and impartial assessment of our individual and collective interactions with our environment. **EQ360** provides the insights that we need to achieve this level of clarity about how we can improve our lives.”

Fernando Gutierrez, Curricula and Assessment Manager

Take EQ360 and begin your journey to success!

The most advanced, EQ assessment tool that gives you information you can use to build your true potential.

EQ360 makes **Self-Assessment of Social and Emotional** competencies faster, simpler, and more effective by targeting specific skills that support growth and mental well-being.

See how STRUT's EQ360 stacks up against other EQ/ SEL assessments:

	Pricing	Aligned with CASEL	Skills Measured	Multiple Raters	Multiple Environments	Enhanced Feature	Fully Accessible
EQ360	FREE Forever	✓	18	✓	✓	✓	Forever
DESSA	\$1,500/school	✓	8	✗	✗	✗	Annually
Panorama	\$4000 minimum	✓	7	✓	✗	✓	Annually
xSEL Labs	\$4 / user	✓	4	✗	✗	✗	Annually

WHY EQ/ SEL?

- **EQ/ SEL** is comprised of several components ranging from emotional and Behavior management to motivation
- **EQ/ SEL** competencies shape life, leadership, and **“soft”** skills like resilience, courage, passion, and kindness
- **Intelligence Quotient (IQ)** without **Emotional Intelligence (EQ)** is ineffective in day-to-day life
- With greater digital connectivity bringing people closer together in today's world, communication, empathy, and respect are even more important
- **EQ/ SEL** can continually be developed to form a healthy emotional landscape

We are committed to providing support and inspiring confidence through **Emotional Intelligence Technology**. We want to make this infrastructure available to people at all levels of life, education, and career. Help us shape a new generation of society that truly knows themselves and is better equipped to put their best foot forward to **STRUT** with confidence.