

# EQ360 SPECIFICATION DOCUMENT

EQ360 (Emotional Intelligence 360), formerly known as SELDA (Social Emotional Learning Diagnostic Assessment), is our digital emotional intelligence (EQ) diagnostic assessment that targets the motivational, emotional, behavioral, and environmental contexts of a learner. It is founded on several scientific and academic learning theories and frameworks. STRUT has developed one of the most accessible, comprehensive, and effective research-based assessments. It has been proven to be significantly valid and reliable. Our goal is to assess individuals and teams on their composite emotional intelligence (EQ) level while highlighting their areas of strength as well as areas for improvement over 18 sub-competency areas. This document describes EQ360's current and future design features. **Take our FREE EQ/ SEL assessment today at <https://myeq360.com/>**

Want to learn more about STRUT, EQ/ SEL, and why we created EQ360? Head over to <https://learn2strut.com/eq360/> or send us an email at [connect@learn2strut.com](mailto:connect@learn2strut.com).

FEATURES	CURRENT for EQ360 6.0	FUTURE for EQ360 7.0
<b>Full FREEMIUM Version for Individuals</b> (All individual versions are entirely free. School versions are freemiums, and business versions require licenses).	✓	✓
Developed by business executives, educators, psychologists, EQ/ SEL experts, and researchers.	✓	✓
<b>Digital</b> (manually distributing, collecting, and calculating paper assessments in today's environment is not practical or efficient)	✓	✓
<b>Self-directed</b> (does not require the need for a trainer or facilitator for any versions. Approximate assessment time is 30 minutes for adults and 45 minutes for students).	✓	✓
<b>Multiple Assessment Versions for:</b> <ul style="list-style-type: none"> <li>• Individuals</li> <li>• Parents (Self &amp; Children)</li> <li>• Children/ Students (on themselves) - set by parents or educators</li> <li>• Teachers (Self, Students &amp; Children)</li> </ul>	✓	✓
<b>Expanded Assessment Versions for:</b> <ul style="list-style-type: none"> <li>• Principal (Manage educators and students)</li> <li>• District Staff (e.g. SEL specialist, psychologist)</li> <li>• Business (Individuals, Teams, Managers, Executives)</li> <li>• Coach (Client/ Coach)</li> </ul>	✓	✓
<b>Account Types: (User Management)</b> <ul style="list-style-type: none"> <li>• District Staff (Admin, EQ/ SEL Staff, Psychologist, Social Worker, etc.)</li> <li>• Principal</li> <li>• Teacher</li> <li>• Student (need to be created by Principal/ Teacher)</li> <li>• Adult / Parent</li> <li>• Children (need to be created by Parent)</li> </ul>	✓	✓

<b>Expanded Account Types: (User Management)</b> <ul style="list-style-type: none"> <li>• Coach ( Self &amp; on Client &amp; on Children )</li> <li>• Client ( Self &amp; on Third Party i.e Husband/Wife )</li> <li>• Executive</li> <li>• Manager</li> <li>• Individual Team Member ( Self &amp; on Third Party i.e Husband/Wife )</li> </ul>	✓	✓
<b>Founded on the 3 main academic Emotional Intelligence Theories and also follows CASEL's EQ/ SEL competency model including</b> <ul style="list-style-type: none"> <li>• Self-awareness</li> <li>• Self-management</li> <li>• Social awareness</li> <li>• Relationship skills</li> <li>• Responsible decision-making</li> </ul>	✓	✓
Measures <b>Motivation</b> and <b>Growth mindset</b> as a 6th EQ/ SEL competency	✓	✓
<b>Analysis:</b> Offers in-depth analysis of EQ/ SEL 18 sub-competencies	✓	✓
<b>Accounts for varying environments:</b> <ul style="list-style-type: none"> <li>• Work/ School</li> <li>• Home</li> <li>• Community</li> </ul>	✓	✓
<b>Assessment/ Data Triangulation for the validity of results:</b> <ul style="list-style-type: none"> <li>• For the client: Coach + client</li> <li>• For the professional: Professional + Manager + Team Members</li> <li>• For the student: Student assessment + Teacher assessment + Parent assessment</li> </ul>	✓	✓
Ability to restart/ continue any assessment where it was last ended at any time.	✓	✓
<b>Assessment Question Types:</b> <ul style="list-style-type: none"> <li>• Standard EQ/ SEL Questions</li> <li>• Reverse based EQ/ SEL Questions</li> <li>• Negative aligned EQ/ SEL Questions</li> <li>• Situational based EQ/ SEL Questions</li> </ul>	✓	✓
Instant analysis and meaningful recommendations. Users are provided a summary analysis as well as a detailed report. Leaders, Coaches, and Educators have additional comparative features.	✓	✓
Compares results over time with a side-by-side comparison and is also represented graphically in the detailed report.	✓	✓
Compares individuals (professionals, clients, students) results with their peers.	✓	✓

Print or Save summary and detailed assessment reports for offline viewing; otherwise, users can access them on their dashboard.	✓	✓
Free recommendations, activities, and additional resources provided, including a significant discount to the largest EQ digital workshops (over 100 EQ/ SEL online workshops).	✓	✓
Text to Speech Option for instructions and questions. Additional accessibility features are also offered.	✓	✓
Digital Certificates for Students and Classroom environments.	✓	✓
Digital Demos and Help Videos	✓	✓
Reduction of biasing pre-assessment demographic questions	✓	✓
Additional Assessment Question Type: Direct assessment ( case scenario)	✓	✓
Research-based (Academic, Scientific, Standards-Based)	✓	✓
Scientifically proven to be valid and reliable	✓	✓
<b>Privacy.</b> No sharing or selling of any personal data.	✓	✓
<b>Account deletion:</b> User has the ability to check their profiles and can delete their accounts and all personal information.		✓
Additional Assessment Question Type: Direct assessment (body language, facial recognition, cultural aspects)		✓
Express quick assessment version		✓
Native Spanish language (native, not google API which is not culturally accurate)		✓
Limited sight version/ option		✓
Mobile App version		✓